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Self-Discovery

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### Self-Discovery

Self-discovery is a very critical part of our lives, as it allows a person to know who they are and to understand what they like and the abilities a person has. However, some people become what other people want them to be, as I know parents always control their children, and they will be shaped by their parents and be what their parents want them to be. Consequently, failure to discover ourselves might lead us not to understand our opportunities in the world as well as how we can help others in our life at the same time comprehend what we want in life. Therefore, for the last few years, I have discovered several things about myself. I have found that I am straight forward and can speak anything to a person so long as it is the truth. Sometimes the truth hurts and may make a person feel bad; however, due to my self-being, I cannot be able to say false things to make another person happy. After all, I believe that when a person is cheated to make them happy, then it is just making things worse shortly as the truth will one time be known.

Another thing that I have realized about myself is that I am emotional and cannot sit down and watch another person being harassed. I always believe that people are all the same, whether a person is rich or poor, or a person has any disability and all deserve to be treated equally. Moreover, I like it when I see a person fight for themselves in ensuring they are equal and not harassed. Nonetheless, not all people have the ability to fight for themselves. When I see a person who is harassed and not given the respect they deserve, I get mad and feel like it is my responsibility to protect them and show them that they can stand for themselves. Finally, I have discovered that I am self-obsessed. I have always thought of myself and have been thinking only about my happiness, interest and motivations in exclusion of other things.

I realized I was straightforward just like Tyler Greer as demonstrated in the works *The Bean Trees* by Barbara Kingsolver. Despite growing up in rural Kentucky, Tyler has always known what is right and what is wrong in her life and faced them in the right way possible. Tyler understood that majority of young girls always dropped out of school earlier; therefore, because of the situation her family was in, she worked hard with the focus of getting a better life and becoming successful. She did not entertain men around her to destroy her future life, by telling them the truth. The next thing I identified is being emotional. Tyler Greer had always felt emotional about many things around her, for instance when her friend Newt Hardbine and his wife Jolene Shanks were brought to the hospital, Tyler was too emotional and felt so sad when she realized that Newt is dead. Newt had shot himself and his wife when his father abused and neglected him. Other events indicating that Tyler was so emotional is when she was left with a baby in her car at Cherokee Nation in Oklahoma, and the woman told her that the child belongs to her dead sister (Kingsolver, 1988). While bathing the baby, Tyler realized that the child is a girl and she is bruised and sexually abused, Tyler becomes shocked and almost brows up. Tyler did not expect such things to happen to such a child and through what she felt upon the baby she decided to take care of the baby and named her Turtle. Alternatively, self-obsessed was realized when I got engaged with my cousin who is sixteen years of age who was crying because of a break up with her boyfriend. I asked her whether she knows anything about love and she replied that she is not a child and can take care of herself. I was so disappointed and knew that I always think of myself since we are different depending on how we were raised. Just like Tyler she left her home without the care of her mother thinking that was her happiness.

Reference

Kingsolver, B. (1988). *The Bean Trees*. Harper Collins Publisher.

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